

AUCKLAND CITY ATHLETICS CLUB TRACK & FIELD PROGRAMME 2017-2018											#####	
							Note: the following number of Field Event trials will apply unless athlete number allows extras					
Note: 60 Hurdles will start at normal sprint hurdle start line and be HAND-TIMED at 60m from start line							HJ - 6 jumps per athlete; LJ & TJ 4 jumps per athlete; Discus, Javelin & Shot 4 throws per athlete					
							Field events are dependant on volunteers to help run events					
ACA Don MacFarquhar Series. 5 race series - 400m, 800m, 1500m, 3000m, 2000m Steeplechase. Points from IAAF table. Male & Female Trophies												
DAY	DATE	MONTH	EVENT	VENUE	TIME	ACA Track	ACA Track	ACA Track	ACA Track	ACA Field	ACA Field	
	2017					6.00pm	6.20pm	6.40pm	7.00pm	6.00pm	6.45pm	
Wed	4	OCTOBER	ACA Clubnight - see website for Programme	Grade 14yrs - Seniors	Mt Smart	6.00pm	60m / 100m /Hurdles by request	800m	200m	3000m / 500m	LJ/TJ & Shot	Javelin
Wed	11	October	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1200m	400m	3000m / 5000m	LJ/TJ & Shot	HJ & Discus
Wed	18	October	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	200m	3000m / 5000m	LJ/TJ & Shot	Javelin
Wed	25	October	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1200m	400m	3000m / 5000m	LJ/TJ & Shot	Discus
Wed	1	NOVEMBER	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	200m	3000m / 5000m	LJ/TJ & Shot	HJ & Javelin
Wed	8	November	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	400m	3000m / 5000m	LJ/TJ & Shot	Discus
Wed	15	November	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	200m	3000m / 5000m	LJ/TJ & Shot	Javelin
Wed	22	November	ACA Clubnight Plus Don MacFarquhar 800m	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	DM 800m	400m	3000m/5000m	LJ/TJ & Shot	HJ & Discus
Wed	29	November	ACA Clubnight Plus Don MacFarquhar 1500m	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	DM 1500m	200m	3000m / 5000m	LJ/TJ & Shot	Javelin
Wed	6	DECEMBER	ACA Clubnight Plus Don MacFarquhar 400m	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	DM 400m	3000m / 5000m	LJ/TJ & Shot	Discus
Wed	13	December	ACA Clubnight Plus Don MacFarquhar 3000m	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	200m	DM 3000m	LJ/TJ & Shot	HJ & Javelin
Wed	20	December	ACA Clubnight Plus Don MacFarquhar 2000m Steeplechase	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	DM 2k Steeples	400m	3000m/5000m	LJ/TJ&Shot	Discus
Wed	10	JANUARY	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	200m	3000m / 5000m	LJ/TJ & Shot	HJ & Discus
Wed	17	January	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	400m	3000m / 5000m	LJ/TJ & Shot	Javelin
Wed	24	January	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	200m	3000m / 5000m	LJ/TJ & Shot	HJ & Discus
Wed	31	January	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	400m	3000m / 5000m	LJ/TJ & Shot	Javelin
Wed	7	FEBRUARY	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	200m	3000m/5000m	LJ/TJ & Shot	Discus
Wed	14	February	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	400m	3000m/5000m	LJ/TJ & Shot	HJ & Javelin
Wed	21	February	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	200m	3000m / 5000m	LJ/TJ & Shot	Discus
Wed	28	February	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	400m	3000m / 500m	LJ/TJ & Shot	Javelin
Wed	7	MARCH	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	200m	3000m / 500m	LJ/TJ & Shot	HJ & Discus
Wed	14	March	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	400m	3000m / 5000m	LJ/TJ & Shot	Javelin
Wed	21	March	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	800m	200m	3000m / 5000m	LJ/TJ & Shot	HJ & Discus
Wed	28	March	ACA Clubnight	Grade 14yrs - Seniors	Mt Smart	6.00pm	60 / 100 /Hurdles by request	1500m	400m	3000m / 5000m	LJ/TJ & Shot	Discus