



2025/26 Season

2nd February 2026

This Week:

- **ACA Club Night** – Wednesday 4th February 6pm at Mt Smart
- **2026 Sir Graeme Douglas International** – Sunday 8th February in at Trusts Arena Waitakere
- Entries are open for the Auckland Senior Track & Field Championships on Saturday 21st & Sunday 22nd February. To enter: click on the below link or refer Athletics Auckland website - <https://events.mygameday.app/event/aaiseniortfchamps2026>
Entries close 11.59pm Sunday 8th February

Feb/March 2026- ACA Club Nights Programme

ACA club nights are on every Wednesday evenings between 6pm and 7.30pm at Towers Track, Mt Smart. All Secondary School and Registered Club athletes aged 12 years and up are welcome to compete at the ACA Wednesday Club Night competitions.

On ACA Club Nights 60 Hurdles will start at normal sprint hurdle start line and be HAND-TIMED at 60m from start line.

Please Note: the following number of Field Event trials will apply unless athlete numbers allow extras:

- HJ - 6 jumps per athlete.
- LJ & TJ - 4 jumps per athlete.
- Discus, Javelin & Shot Put- 4 throws per athlete.

FIELD EVENTS ON ACA CLUB NIGHTS ARE ENTIRELY DEPENDENT ON SUFFICIENT VOLUNTEERS BEING AVAILABLE TO HELP RUN EVENTS.

Date	Track Events				Field Events	
	6pm	6.20pm	6.40pm	7pm	6pm	6.45pm
Wednesday 4 th February	60m/100m/Hurdles by request	1500m	200m	3000m/ 5000m	LJ/TJ	SP
Wednesday 11 th February	60m/100m/Hurdles by request	800m	400m	3000m/ 5000m	LJ/HJ	DT/JT
Wednesday 18 th February	60m/100m/Hurdles by request	1500m	200m	3000m/ 5000m	LJ/TJ	SP
Wednesday 25 th February	ACA Race Night – Fast and Furious Under Lights					
Wednesday 4 th March	60m/100m/Hurdles by request	800m	400m	3000m/ 5000m	LJ/HJ	DT/JT

Programmes are subject to adjustment according to athlete numbers

The programme may be changed during the season

Auckland Senior Track & Field Championships

Venue: Mt Smart Stadium #2 Arena

Date: Saturday 21st & Sunday 22nd February

To enter: click on the below link or refer Athletics Auckland website

<https://events.mygameday.app/event/aaiseniortfchamps2026>

Entries close 11.59pm Sunday 8th February



Senior Track & Field Championships DRAFT PROGRAMME

Mt Smart Stadium #2 Arena
Saturday 21st February 2026

Please note times may change once entries have been finalised

10:00am	Senior Men	400m	Timed Finals	10:00am	U14 Women	Long Jump	3 attempts - Top 8 get 1 more
	Senior Women	400m	Timed Finals		U16 Women	Long Jump	3 attempts - Top 8 get 1 more
	U20 Men	400m	Timed Finals		Masters Women	Long Jump	3 attempts - Top 8 get 3 more
	U20 Women	400m	Timed Finals		Para Women	Long Jump	3 attempts - Top 8 get 3 more
	U18 Men	400m	Timed Finals				
	U18 Women	400m	Timed Finals	10:00am	U18 Women	Discus	3 attempts - Top 8 get 3 more
	U16 Men	400m	Timed Finals		U20 Women	Discus	3 attempts - Top 8 get 3 more
	U16 Women	400m	Timed Finals		Senior Women	Discus	3 attempts - Top 8 get 3 more
	U14 Men	400m	Timed Finals				
	U14 Women	400m	Timed Finals				
	Para Men	400m	Timed Finals				
	Para Women	400m	Timed Finals				
	Masters Men	400m	Timed Finals				
	Masters Women	400m	Timed Finals				
11:15am	U18 Men	100m	Round 1	11:45am	U14 Men	Discus	3 attempts - Top 8 get 1 more
	U18 Women	100m	Round 1		U16 Men	Discus	3 attempts - Top 8 get 1 more
	U20 Men	100m	Round 1		Masters Men	Discus	3 attempts - Top 8 get 3 more
	U20 Women	100m	Round 1		Para Men	Discus	3 attempts - Top 8 get 3 more
	Senior Men	100m	Round 1	11:45am	U18 Men	Shot Put	3 attempts - Top 8 get 3 more
	Senior Women	100m	Round 1		U20 Men	Shot Put	3 attempts - Top 8 get 3 more
					Senior Men	Shot Put	3 attempts - Top 8 get 3 more
11:45am	Masters Men	60m	Timed Finals	12:00pm	U18 Men	Long Jump	3 attempts - Top 8 get 3 more
	Masters Women	60m	Timed Finals		U20 Men	Long Jump	3 attempts - Top 8 get 3 more
					Senior Men	Long Jump	3 attempts - Top 8 get 3 more
12:15pm	U16 Men	1500m	Timed Finals	1:00pm	U18 Women	Shot Put	3 attempts - Top 8 get 3 more
	U14 Men	1500m	Timed Finals		U20 Women	Shot Put	3 attempts - Top 8 get 3 more
	U16 Women	1500m	Timed Finals		Senior Women	Shot Put	3 attempts - Top 8 get 3 more
	U14 Women	1500m	Timed Finals				
	Para Men	1500m	Timed Finals	1:30pm	U14 Men	Long Jump	3 attempts - Top 8 get 1 more
	Para Women	1500m	Timed Finals		U16 Men	Long Jump	3 attempts - Top 8 get 1 more
	Masters Men	1500m	Timed Finals		Masters Men	Long Jump	3 attempts - Top 8 get 3 more
	Masters Women	1500m	Timed Finals		Para Men	Long Jump	3 attempts - Top 8 get 3 more
1:30pm	U18 Men	100m	Final	1:30pm	U14 Women	Shot Put	3 attempts - Top 8 get 1 more
	U18 Women	100m	Final		U16 Women	Shot Put	3 attempts - Top 8 get 1 more
	U20 Men	100m	Final		Masters Women	Shot Put	3 attempts - Top 8 get 3 more
	U20 Women	100m	Final		Para Women	Shot Put	3 attempts - Top 8 get 3 more
	Senior Men	100m	Final				
	Senior Women	100m	Final				
2:00pm	U16 Men	100m	Timed Finals	1:30pm	U18 Men	Discus	3 attempts - Top 8 get 3 more
	U16 Women	100m	Timed Finals		U20 Men	Discus	3 attempts - Top 8 get 3 more
	U14 Men	100m	Timed Finals		Senior Men	Discus	3 attempts - Top 8 get 3 more
	U14 Women	100m	Timed Finals	3:00pm	U14 Men	Shot Put	3 attempts - Top 8 get 1 more
	Para Men	100m	Timed Finals		U16 Men	Shot Put	3 attempts - Top 8 get 1 more
	Para Women	100m	Timed Finals		Masters Men	Shot Put	3 attempts - Top 8 get 3 more
	Masters Men	100m	Timed Finals		Para Men	Shot Put	3 attempts - Top 8 get 3 more
	Masters Women	100m	Timed Finals				
3:00pm	Senior Men	1500m	Timed Finals	3:00pm	U18 Women	Long Jump	3 attempts - Top 8 get 3 more
	U20 Men	1500m	Timed Finals		U20 Women	Long Jump	3 attempts - Top 8 get 3 more
	Senior Women	1500m	Timed Finals		Senior Women	Long Jump	3 attempts - Top 8 get 3 more
	U20 Women	1500m	Timed Finals	3:00pm	U14 Women	Discus	3 attempts - Top 8 get 1 more
	U18 Men	1500m	Timed Finals		U16 Women	Discus	3 attempts - Top 8 get 1 more
	U18 Women	1500m	Timed Finals		Masters Women	Discus	3 attempts - Top 8 get 3 more
					Para Women	Discus	3 attempts - Top 8 get 3 more

Please note times may change once entries have been finalised

10:00am	Senior Men	10000m Race Walk						
	Senior Women	10000m Race Walk						
	Masters Men	10000m Race Walk		10:30am	U14 Men	High Jump	Start Height as per Technical Regulations	
	Masters Women	10000m Race Walk			U16 Men	High Jump	Start Height as per Technical Regulations	
	U20 Men	5000m Race Walk			Masters Men	High Jump	Start Height as per Technical Regulations	
	U20 Women	5000m Race Walk			Para Men	High Jump	Start Height as per Technical Regulations	
	U18 Men	5000m Race Walk						
	U18 Women	5000m Race Walk		10:30am	U14 Women	Triple Jump	3 attempts - Top 8 get 1 more	
12:00pm					U16 Women	Triple Jump	3 attempts - Top 8 get 1 more	
	Senior Men	200m	Round 1		Masters Women	Triple Jump	3 attempts - Top 8 get 3 more	
	Senior Women	200m	Round 1		Para Women	Triple Jump	3 attempts - Top 8 get 3 more	
	U20 Men	200m	Round 1					
	U20 Women	200m	Round 1	10:30am	U18 Women	High Jump	Start Height as per Technical Regulations	
	U18 Men	200m	Round 1		U20 Women	High Jump	Start Height as per Technical Regulations	
	U18 Women	200m	Round 1		Senior Women	High Jump	Start Height as per Technical Regulations	
	U16 Men	200m	Timed Finals					
	U16 Women	200m	Timed Finals	12:45pm	U14 Men	Triple Jump	3 attempts - Top 8 get 1 more	
	U14 Men	200m	Timed Finals		U16 Men	Triple Jump	3 attempts - Top 8 get 1 more	
	U14 Women	200m	Timed Finals		Masters Men	Triple Jump	3 attempts - Top 8 get 3 more	
	Para Men	200m	Timed Finals		Para Men	Triple Jump	3 attempts - Top 8 get 3 more	
	Para Women	200m	Timed Finals					
	Masters Men	200m	Timed Finals	12:45pm	U18 Men	High Jump	Start Height as per Technical Regulations	
	Masters Women	200m	Timed Finals		U20 Men	High Jump	Start Height as per Technical Regulations	
					Senior Men	High Jump	Start Height as per Technical Regulations	
	1:30pm	Senior Men	800m	Timed Finals				
		Senior Women	800m	Timed Finals	12:45pm	U18 Women	Triple Jump	3 attempts - Top 8 get 3 more
U20 Men		800m	Timed Finals		U20 Women	Triple Jump	3 attempts - Top 8 get 3 more	
U20 Women		800m	Timed Finals		Senior Women	Triple Jump	3 attempts - Top 8 get 3 more	
U18 Men		800m	Timed Finals					
U18 Women		800m	Timed Finals	2:45pm	U14 Women	High Jump	Start Height as per Technical Regulations	
U16 Men		800m	Timed Finals		U16 Women	High Jump	Start Height as per Technical Regulations	
U16 Women		800m	Timed Finals		Masters Women	High Jump	Start Height as per Technical Regulations	
U14 Men		800m	Timed Finals		Para Women	High Jump	Start Height as per Technical Regulations	
U14 Women		800m	Timed Finals					
Para Men		800m	Timed Finals	2:45pm	U18 Men	Triple Jump	3 attempts - Top 8 get 3 more	
Para Women		800m	Timed Finals		U20 Men	Triple Jump	3 attempts - Top 8 get 3 more	
Masters Men		800m	Timed Finals		Senior Men	Triple Jump	3 attempts - Top 8 get 3 more	
Masters Women		800m	Timed Finals					
3:15pm		Senior Men	200m	Final				
		Senior Women	200m	Final				
		U20 Men	200m	Final				
	U20 Women	200m	Final					
	U18 Men	200m	Final					
	U18 Women	200m	Final					

NZ Track and Field Championships

Thursday 5th March to Sunday 8th March

Venue: Douglas Track and Field, Trusts Arena 65 Central Park Drive, Henderson, Auckland, Auckland, New Zealand

Due to changes in Competition Regulations for the NZ Track & Field Championships the 2026 Auckland Team will now include all athletes who have achieved the Athletics New Zealand 2026 Championships Entry Standards, and have had their entry accepted by ANZ. Athletes who enter the Championships must now compete representing their Centre, and therefore wear the Athletics Auckland representative uniform.

The list of members of the Auckland Team will be announced on the Athletics Auckland website following the close of entries to the 2026 NZ Championships. The Entry Standards are posted on the Athletics NZ website, along with the entry link, a draft untimed programme, and the Technical Regulations and Technical Specifications for events. Please read the Technical Regulations so that you are familiar with the competition rules and procedures you must follow at the Championships.

Auckland Athletes may enter any events they wish, providing they have achieved the Athletics New Zealand entry standard for the grade in which they intend to compete. (Entry Standards are listed on the website and are also included on the Athletics Auckland Rankings Lists).

All athletes must enter themselves & pay the applicable entry fees.

Entries are now open for the 2026 NZ Track & Field Championships at Trusts Arena, Waitakere, please refer to the Athletics NZ website or click on this link - <https://www.athletic.net/TrackAndField/meet/626003/register>

Entries close at 11.59pm on Monday, February 16th.

After you have entered the Championships, click on this link:

<https://forms.gle/cx53E8wAbmCdYTpw5> and fill in the form which will forward your information to the Auckland Team Manager. This will ensure that you are on the list to receive future Team updates and information about the Championships.

If you enter the Championships, you will need to purchase an Auckland representative uniform singlet or crop top (if you do not already own one) from the Athletics Auckland office. Your own plain black shorts, briefs or leggings (without stripes or patterns) complete the uniform.

Athletes can also buy on-line a range of other (non-compulsory) Athletics Auckland Team Wear which complement the uniform - short & long-sleeved performance tees, leggings, jackets, trackpants and hoodies. The link to the on-line Team Wear can be found here: <https://www.sas.co.nz/productcategory/athletics/athletics-auckland/track-and-field-sportswear-range/>

Orders are collated at the end of the month. The delivery window for this range can take up to 6 weeks from the end of the month of ordering, so athletes who want items to wear at the Championships should order early.

Volunteers

Athletics is run by volunteers and to continue with the standard of events we need volunteers for the below events. Any help would be appreciated – big or small. We know that all parents want to see their sons and daughters compete – all volunteers understand this better than anyone.

If you can help at any of the following events – would you please respond accordingly:

- **ACA Fast and Furious Under Lights on February 25th.** Please email: suepotternz@gmail.com
- **2026 Sir Graeme Douglas International** - Douglas Track & Field, Trusts Arena Waitakere Sunday Feb 8th (Click on the link on the Athletics Auckland Event page to volunteer)
- **2026 NZ Track & Field Championships** - Douglas Track & Field, Trusts Arena Waitakere March 5-8th (Click on the link on the Athletics Auckland Event page to volunteer)
- **2026 NZ Combined Events Championships** (Incl Auckland CE Champs) - Mt Smart Stadium #2 Arena Saturday & Sunday, March 21-22. Please email: suepotternz@gmail.com If you can volunteer for a few hours, or for one or both days please Sue Potter know.

Up and Coming Events

Date	Event	Location
Wednesday 4 th February 6pm	ACA Club Night	Mt Smart Stadium #2 Arena
Sunday 8 th February	2026 Sir Graeme Douglas International	Douglas Track & Field, Trusts Arena Waitakere
Wednesday 11 th February	ACA Club Night	Mt Smart Stadium #2 Arena
Saturday 14 th February	Porritt Classic	Porritt Stadium, Hamilton
Wednesday 18 th February	ACA Club Night	Mt Smart Stadium #2 Arena
Saturday 21 st & Sunday 22 nd February	Auckland Senior Track & Field Championships	Mt Smart Stadium #2 Arena
Saturday 21 st February	International Track Meet	Christchurch
Wednesday 25 th February	ACA Race Night – Fast and Furious Under Lights	Mt Smart Stadium #2 Arena
Saturday 28 th & Sunday 1 st March	AAI Junior Championships 7-14 Years	Mt Smart Stadium #2 Arena
Thursday 5 th March to Sunday 8 th March	2026 NZ Track and Field Championships	Douglas Track and Field, Trusts Arena 65 Central Park Drive, Henderson, Auckland, Auckland, New Zealand

If you have any questions, please refer to our website acaclub.co.nz otherwise please email auckland.city.athletics.club@gmail.com